AMERICAN LEGION ALBERT E. SCHWAB POST 555

THE MARAUDER



JUNE 2018 MIDWAY CITY, CA VOLUME 6, ISSUE 6



FOR GOD AND COUNTRY we associate ourselves together for the following purposes: To uphold and defend the Constitution of the United States of America; To maintain law and order; To foster and perpetuate a one hundred percent Americanism; To preserve the memories and incidents of our associations in the Great Wars; To inculcate a sense of individual obligation to the community, state and nation; To combat the autocracy of both the classes and the masses; To make right the master of might; To promote peace and goodwill on earth; To safeguard and transmit to posterity the principles of justice, freedom and democracy; To consecrate and sanctify our comradeship by our devotion to mutual helpfulness.





POST 555 OFFICERS

Tim Dusina, Commander Len Guillen, First Vice Commander Randy Jones, Second Vice Commander Ed Sedlak, Third Vice Commander Charlie Bates, E-Board Lee Lieberg, E-Board SGM Bob Trudeau, E-Board Ken George, Adjutant Andy Timko, Assistant Adjutant Antony 'Doc' Adams, Finance Officer Jim Sewell, Judge Advocate Gene Lucier, Sergeant at Arms Ed Sedlak, Assistant Sgt, at Arms Bill Seibert, Chaplain Charlie Bates, Historian Dan Hayden, Service Officer

AUXILIARY UNIT 555 OFFICERS

Kim Martin-Adams, President
Kay Hamby, First Vice
Yvonne Zweifel, Co-Second Vice
Kokoe Estrada Dusina, Co-Second Vice
Shirley Jones, Treasurer
Naoko Gorsuch, Secretary
Eveline Sifuentes, Chaplain

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Kokoe Estrada, President
SGM Bob Trudeau, Vice President
Charlie Bates, Secretary
Shirley Jones, Treasurer
Randy Jones, Sergeant at Arms
Tim Dusina, Road Captain
Jeff Gallagher, Chaplain
Tony "Diesel" Olsen, Assistant Chaplain
Ken George, Historian
Clara Pon George, Adjutant

SAL SQUADRON 555

James Eubanks, Commander George Willis, First Vice Nick Eustace, Second Vice James Eubanks, Acting Treasurer George Willis, Acting Adjutant Mike Eustace, Sergeant at Arms Not yet appointed, Chaplain Rudy Gonzales, E-Board

On the Cover: Diesel!

Shown on the front cover of our June Marauder is Long Beach Post 496 Legionnaire and Chapter 555 Charter Member, and Marine, Tony 'Diesel' Olson.

Diesel enjoys building bikes, riding with friends, going to Speedway, and spending time with 3 kids and 2 grandkids.

Quite the mechanic, Diesel built the last 3 out of 5 bikes that he has owned, and built the bike pictured on the front in his garage, which took one year!

Continued on page 5...



AMERICAN LEGION ALBERT E. SCHWAB - POST 555

Tim Dusina Post Commander

14582 Beach Blvd. Midway City, CA 92655 (714) 893-9525

Cell: (619) 966-5546 Email: Tim.Dusina.555@gmail.com

Veterans Crisis Line

If you are a Veteran, or know of a Veteran in need, Confidential support is available: Veterans Crisis Line: (800) 273-TALK (8255), (Press 1); Text 838255. A VCL responder will text back; Chat online by visiting Vets.gov Or visit www.veteranscrisisline.net

POST 555 PUB HOURS

MONDAY 2:00 PM - 7:00 PM
TUESDAY 2:00 PM - 7:00 PM
WEDNESDAY 2:00 PM - 7:00 PM
THURSDAY 2:00 PM - 9:00 PM
FRIDAY 2:00 PM - 9:00 PM
SATURDAY 12:00 PM - 9:00 PM
SUNDAY 12:00 PM - 7:00 PM
HOURS POSTED EXTEND IF BUSY



CONTACT US

Albert E. Schwab American Legion Post 555
14582 Beach Blvd.
Midway City, CA 92655
Phone: (714) 893-9525
Email: 555.marauder@gmail.com
Look for our emails hosted constantcontact.com
http://www.americanlegionpost555.com





Top Row: Trifecta! Post 555 Commander Tim, District 29 Commander Ken George, and Cathay Post 384 San Francisco Commander Nelson Lum; Len, Charlie, and Lee at the May Post meeting. 2nd Row: Members from the Post 555 Family at the annual Memorial Day ceremony at Westminster Memorial Park; Post Family photo at Angel Stadium—Thank you Frank for the tix! 3rd Row: Post Commander Tim flippin' burgers at the Pacific Coast HOG Chapter meeting; Marlene, Rudy, and Andy group photo; Memorial Day at the Post group photo with Garden Grove Mayor Pro Tem Phat Bui. Row 4: ALR Chapter 555 group photo—hey guys! Randy and Commander Tim pose for a quick photo after hanging our new pictures in the annex; Trivia and Evan watching something exciting! Row 5: Captain Koons talks about watches and time; The Good, The Bad, and The Andys' (who's who?); Hey Ladies! #ALR555 #Post555Family!

Marlene Flores INTERIOR DESIGN mfloresint@aol.com 714.848.9774

Rusty's Island Chips





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MESSAGE FROM THE COMMANDER

Fellow Legionnaires,

I am honored to be representing Post 555 as your Commander for a 3nd term. Congratulations to all of the new and returning Post Officers: Lenard Guillen - 1st Vice Commander, Randy Jones – 2nd Vice, Ed Sedlak – 3rd Vice, Lee Lieberg, SGM Bob Trudeau, and Charlie Bates on the E-board, Ken George – Adjutant, Andy Timko – Assistant Adjutant, Doc Adams - Finance Officer, Gene Lucier - Sergeant at Arms, Ed Sedlak- Assistant Sergeant at Arms, Bill Seibert – Chaplain, Charlie Bates - Historian, and Dan Hayden – Service Officer.

In this 2018-2019 term we continue with our progress on making our Post great again. We continue our momentum on the Post Improvement Project. This includes completion of the Bar

Project, kitchen organization, painting the buildings, and the many other areas that need maintenance and repair.

This being said, we will have our Post Family Paint Party on Saturday, July 7th starting at 10:00 AM. I encourage anyone and everyone to come out and do some prep and paint work on our buildings. This is a much needed task, and remember - if we work as a team we can get this accomplished all the faster. The Post will provide lunch for the volunteers on this day.

Also this term, we will continue to recruit new members, as well as encourage existing members to visit The Post and participate in more of our activities. We will continue supporting Legion Family events and activities, and hopefully create new



events such shuffleboard, pool, and dart tournaments. We will continue our support of the American Legion mission and the four pillars (VA&R, National Security, Americanism, and Children & Youth).

We have a solid team and Post Family, and I am confident that we can take 555 to a whole new level!

Tim Dusina Post Commander For God and Country

Next Meeting: MONDAY, July 9th 7:00 PM

2ND VICE COMMANDER REPORT



Greetings,

At the risk of forgetting someone, let's take a moment to thank some volunteers.

This last month I would like to thank Jim Surdock and Jim Moss for their help around the post, getting our outside lights and interior electrical up and running. As usual Dave Gutierez has kept our exterior landscaping and parking lot in good shape. thank you Dave.

Kat Sullivan has been our interior worker and keeps us clean as can be. And as Kokoe says Cleanliness is Godliness. We could all use a little of that

In the Kitchen we have Kokoe, Commander Tim, Frank, Marlene, George, Sally, Mick, Dave, Kay, Rita, Kim, and all our usual suspects.

Don't forget our Bartenders. Ed, Andy, Doc, Bob and Bob, Debb, and Wayne. In the Office we have Doc, and Kim, Shirley. And around the property we have Randy and Little Wayne, Phillippe.

Please give these and the others I have Forgotten a thank you when your at your post. We can't keep this place running without Volunteers.

For God and Country Len Guillen 2nd Vice Commander



Above: Len and Lloyd cooking up some fantastic BBQ

LEGION FACTS: DID YOU KNOW?

American Legion **Boys State**

By Ken George

Everyone has heard or knows about American Legion Boys State. However, does anyone know how and why it started? The first Boys State was started in Illinois by two Legionnaires, Hayes Kennedy and Harold Card in 1935. They created the Boys State program in order to "socialismcounter the inspired Young Pioneer Camps" that were tainting our youth. In America, there were two (2) junior socialist groups, the Young Pioneers of America and the Young Pioneers League of America. look up "Young If you look up "Young Pioneer Groups," you will see these camps located all over the world in every communist country and America. The pioneer camps in America were children's organizations affiliated with the Communist USA from Party 1922-These socialist groups would start by indoctrinating young boys ages 8-15 on the ways of socialism and equality. The goal was to start the



Above: Mark Wahlberg, Boys State Alumnus

communist mentality at an early age in the youth pioneer camps and schools, then as the youth grew up into productive adults, they would be assimilated into labor worker par-

1930's. In past years, District 29 had the honor of having John Badgely, a Coast Guard WWII veteran, a retired architect. and a Legionnaire from La-

Woods

guna

Post

ties. It was the worker's parties who wanted to control the labor force at all levels and industry. By 1930, there were over 30 pioneer camps in the US located from shore to shore. In the United States pioneer youth camps and socialism became a real threat to our democracy as we know it today. It was Legionnaires Kennedy and Card who saw the need to form Boys State and the need to educate and develop future leaders and good citizens. It is the Boys State program that continues



Above: Boys State Founders Hayes Kennedy and Harold Card

to bring America back to its principals of freedom and democracy, not socialism and Today, you can't equality. help to think how ironic it is that we are seeing history repeat itself in today's politics with such passionate and emo-

tional differences between the left wanting free social programs and the right with its conservative work to live values; much socialism like versus democracy back in the

was a 1937 California Boys State Alumni, the first Boys State session held in California. He would tell the boys at the orientation dinner stories of his experience. When he attended, the program was held at the State Fair Grounds in Sacramento and they slept in the horse stables on cots. He also said it was at Boys State where he developed a strong understanding of American Exceptionalism, democracy, government, and your duties as an American citizen. He also

257. Unfortunately, he passed

away three (3) years ago. He

developed a sense of duty and honor for his country which later influenced him to serve his country in the Coast Guard during WWII.

Today, there are many distinguished Boys State Alumni who are influential leaders across all walks of Some of those life.

alumni are Hall of Fame basketball player Michael Jordon, astronaut John Glen, radio host Rush Limbaugh, actor Mark Wahlberg, 41st District Congressman Mark Takano, former Vice President Richard Cheney, and 42nd President of the United States Bill Clinton. Whether it was back in 1935 or today in 2018, whether you were sleeping on a cot in a horse stable or a warm bed in the dorm rooms of Sacramento State, American Legion Boys State for a long time has been developing strong leaders. The program will continue to develop the strongest leaders who contribute to our country by upholding the principles of Americanism, freedom, and democracy.

If you want to know more about Boys State, I encourage everyone to get involved at the



post next year when we interview high school juniors to be a Boys State delegate. You can also learn more by going to



Above: Boys State Alumnus Michael Jordan

boystatecalifornia.org calegion.org. If you are going to department convention in June, you can attend the Boys State commission meeting or there will be an opportunity to witness a session of Boys State take place at Sacramento State University. The more you know about the different programs The American Legion supports, the more knowledgeable and informed Legionnaire you become.



Continued from page 2...

Harley Davidson Evolution Orange County, CA. (Evo) engine.

The June Cover Photo courtesy of American Legion Rider Chapter 555 and Auxiliary Finance Officer, Shirley Jones.

This photograph was snapped This custom beauty boasts a on the State Route 22 onramp Daytec frame, and a 1986 going east bound, in beautiful



<u>IMPORTANT DATE</u>

Monday, June 18th, 7:00 PM Post Family Installations





Water Treatment Services for Commercial Heating and Cooling Systems

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Post 555 Building Improvement Fund



Post 555 needs your help today Show your support at:

https://www.gofundme.com/post555



Registry * Placement * Referral

· Senior Concierge Services

· Transportation/Errands

· Respite Care

- · Custodial Care
- · Personal Care/ADL
- · Hospital Sitting

- · Post-Hospital Care
- · Hospice Care · In-Home Support Services · Home Care Consulting
- · Secretarial, Bookkeeping and Domestic Services



CHAPLAIN'S REPORT



Continuing the story on my hit and run I turned in the paperwork over the phone to my insurance company 10 days later the person

that hit me had also turned in paperwork we belong to the same insurance company that worked out pretty good for me I'm getting the van fixed now it will take two weeks about \$3500 worth of work you just have to do a little legwork and you can hopefully have a good outcome

For God and Country **Stay Alert and Healthy Bill Seibert** Post 555 Chaplain





Congratulations 2018-2019 Post 555 Officers!

Post Commander Tim Dusina

First Vice-Commander Lenard Guillen [Current 2nd Vice Commander] Kenneth C. George [Current District 29 Commander]

Second Vice-Commander Randy Jones [Legionnaire, ALR Sergeant at Arms]

> Third Vice Commander Ed Sedlak [Current E-Board Member]

Executive Board [E-Board]: Lee Lieberg [Current E-Board] Charlie Bates [Current Historian, and E-Board] Ed Sedlak [Current E-Board Member]

PSO's CORNER



Greetings all,

Same as last month, not much going on in my area. Still getting some requests for assistance or guidance for the VA or other veteran assistance programs.

For those of you who

don't know that I am a volunteer on the battle-ship museum in San Pedro, I have brought a bunch of "Buy One Get One" discount cards for admission to tour the ship. They will be available for anyone to pick at the bar or literature table.

Hope to see you all at the post meeting.

For God and Country, Dan Hayden, PSO





VALUABLE RESOURCES

Cal Vet is your Veteran resource to process everything from VA Claims for service related disabilities, benefits advocacy and assistance, Home loans, healthcare, Veteran status verification for Drivers License, beginning a college education, training for jobs, and much more!

The closest local Cal Vet is located at 1300 S. Grand Ave., Building B., Santa Ana, CA 92705. Phone: (714) 480-6555. Email: OCVSO@OCCR.OCGOV.COM

SPECIAL LICENSE PLATES FOR CALIFORNIA VETERANS

Did you know that CA offers special license plates to honor the service of the following veterans?

- Medal of Honor recipients are eligible for one set of free commemorative license plates.
- Legion of Valor: Veterans who are recipients of the Medal of Honor, Army Distinguished Service Cross, Navy Service Cross, or Air Force Cross are eligible for special Legion of Valor license plates.
- Former Prisoners of War are eligible for one set of free commemorative license plates.
- Pearl Harbor Veterans: honorably discharged veterans stationed at Pearl Harbor on December 7, 1941 are eligible for Pearl Harbor Survivor license plates.
- Purple Heart recipients are eligible for special Purple Heart license plates.

How to apply: Complete the DMV Form RE17A and provide proof of medal award or evidence. Former POWs must complete DMV Form REG17.

Mail completed documents to: Department of Motor Vehicles, P.O. Box 932345, Sacramento, CA 9423 Or Call: (800) 777-0133. Learn more: www.DMV.ca.gov

FISHING AND HUNTING LICENSES

Honorably Discharged Veterans with 50% or greater service connected disability from USDVA are eligible to receive reduced annual fees for fishing and hunting licenses.

How to apply: download and complete a Reduced Fee Fish-







ing or Hunting License application from the Department of Fish and Wildlife (DFW) at https://www.wildlife.ca.gov/Licensing/Hunting#994193-reduced-fee or call (916) 928-5805 to request an application via mail.

First time applicants must submit proof of service connected disability. Mail completed applications to: The California Department of Fish and Wildlife, License and Revenue Branch, 1740 N. Market Boulevard, Sacramento, CA 95834 or to any DPW Office.

STATE PARKS AND RECREATION PASSES

Any Honorably Discharged Veteran with 50% or greater service connected disability from USDVA, former Prisoner of War, or Medal of Honor recipient is eligible to apply for the Distinguished Veteran Pass. This pass entitles the holder to the use of all of the basic State Park System operated facilities, including camping, and day use, free of charge.

How to apply: Download the Department of Parks and Recreation (DPR) Distinguished Veteran Pass application from: https://www.parks.ca.gov/pages/737/files/DPR619.pdf

Include proof of service connected disability, valid CA Driver License, and proof of Honorable Discharge. Mail completed applications to: California State Parks, Attn: Distinguished Veteran Pass Program, P.O. Box 942896, Sacramento, CA 94296-0001.

NATIONAL PARKS ACCESS PASS

This lifetime pass is available to US Citizens who have been determined to have a permanent disability that severely limits one or more major life activities, such as caring for ones self, performing manual tasks, walking, seeing, hearing, speaking, breathing, learning, and working. This includes Disabled Veterans.

How to apply: A pass may be obtained in person at any participating federal recreation site or office. Citizens may also apply via mail order. Download the application at: https://store.usgs.gov/sites/default/files/access-pass-application.pdf. Mail completed forms to: USGS, Attn: Access Pass, Box 25286, Denver, CO, 80225.

Are we selecting the best leaders for California?

By Clara Pon

As some of you may have heard or read, Department of California recently held its inaugural department Legion college down in San Diego. National coverage of the department's new college was reported on Legion.org by Henry Howard, Assistant Deputy Director of Media, Marketing & Communications as well as a first-person narrative from Jared Morgan, one of the first graduates of the college. The student composition included blue cap Legionnaires, district/county officers, and a few department officers. All the students left with new thoughts, different ideas, and hopefully, a renewed fervor on how to make The Legion a better organization.

A prerequisite of attending department Legion college was completing Basic Training, the updated version of ALEI (American Legion Extension Institute) course which covers the history of The American Legion, the four pillars, and the major programs it supports. It doesn't matter how many years a Legionnaire has been a member, how many officer positions he/she has held, or even holding the highest position of department commander, there is

always something to be learned.

Even current Department Commander Robert Heinisch whose schedule didn't permit him to be a student and participate for the full three days, sat in for two days and said he learned quite a bit. No Legionnaire knows everything and must always be open to learn at every opportunity.

A major topic that was discussed every day was leadership. It was taught by four different instructors, touching various aspects of leadership, and all in their own distinct method of instruction. Various thought provoking questions were posed, "What traits does a leader have," "How does one lead in a non-profit organization," or "What images does a leader portray?" Those questions and answers lead into other questions on how we recruit members into The American Legion when there is still a negative image and stereotype of Legion halls.

One of those all too familiar reoccurring stereotypes that we've all heard is... I know the Legion as a place where my grandpa hung out at the bar all day long telling war stories and embellishing tales or where all my dad's war buddies sat at the Legion post smoking and drinking. Unfortunately, that stereotype still exists today and it won't change until people confront the issue to find ways to change it. However, not all Legion posts with bars or lounges are bad. If operated like a successful business, it will bring in the needed funds for the post to support the many charitable Legion programs out there.

If you are Legionnaire who aspires to be a future leader of the organization, how would you answer the questions that were raised in class? As a Legionnaire, what traits and image would you want the future leader of the organization to possess? Would you want to see a member of your leadership inebriated all the time, hanging out at a bar all day long, and can't remember what happened like the stereotype of yesteryear? Would you want your leader to be able to have intelligent conversation with others about The Legion and the various problems it has to deal with?

Will your chosen leader represent the best interest of its members and make the right choice for the overall benefit of the organization? The American Legion maybe a non-profit organization, but it still needs to be run like a business. The leaders now and those in the future need to be professional, dedicated, knowledgeable, and



respectful to his/her fellow Legionnaires as well as to all the members of the Legion family.

As candidates campaign and elections are conducted across the department, think long and hard about what traits and images your leaders now and in the future should possess. He or she is the face of your post, your district, and the Department of California and will represent not just the Legionnaires, but the Legion family here locally and across the country. So, don't be afraid to ask the hard questions of your future leaders as they campaign throughout the year, up and down the state. Don't let the free hospitability events sway or influence your vote. Make sure he or she is the most qualified, well spoken, effective communicator, and knowledgeable Legionnaire to best lead the organization into and beyond the centennial anniversarv.

POST FAMILY SPOTLIGHT

Introducing: Shirley "Johnson" Jones

AKA Red Auxiliary Treasurer ALR Chapter 555 Treasurer #Post555Family Member Since: 2017

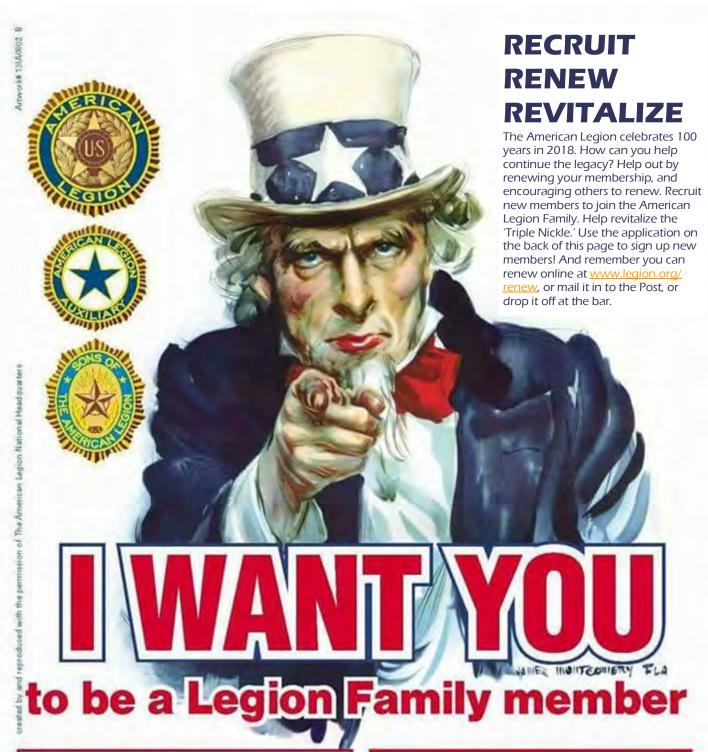
For as long as I can remember, I have always been patriotic! I Love being an American and love our flag colors of Red, White, and Blue! It could be because I was born at the beginning of July too. Also the National Anthem brings tears to my eyes every time I hear it! My Grandpa (mom's dad) was also in the Navy and was a member of the American Legion before his passing. My Dad, and my Uncle both served in the Army and then I

married a Marine! On 3/26/18 I married my husband Randy Jones who is still serving but in the California National Guard as a reservist. I have a step daughter (Sarah 32), we had 2 daughters together (Cassy 21 & Ally 18) and in 2013 we adopted our grandson, Evan who is 6 now and knows us as mom and dad. I love spending time with family and friends, going on motorcycle rides, camping (Glamping, lol) and going to the river. A fun fact about me is that my husband and I have the opposite of birthdays, mine being 7/2 and his being 2/7. He says he married me because he will never forget my birthday! What I like about the legion is everyone is there to help those who served or have served themselves already. The new friends I have made and



are still making each and every day. It's an honor to donate time, serve our veterans, and just give back!





To Learn More, Contact:

American Legion Albert E. Schwab Post 555

14582 Beach Blvd. Midway City, CA 92655 (714) 893-9525 http://www.americanlegionpost555.com

Eligibility Dates 🚙 💍						
Gulf War/War on Terrorism	Korean War					
Aug. 2, 1990 — present*	June 25, 1950 — Jan. 31, 1955					
Panama	WWII					
Dec 20, 1989 — Jan. 31, 1990	Dec. 7, 1941 — Dec. 31, 1946					
Lebanon/Grenada	WWI					
Aug. 24, 1982 — July 31, 1984	April 6, 1917 — Nov. 11, 1918					
Vietnam War	 if currently serving on active duty					
Feb. 28, 1961 — May 7, 1975	today, you are eligible.					

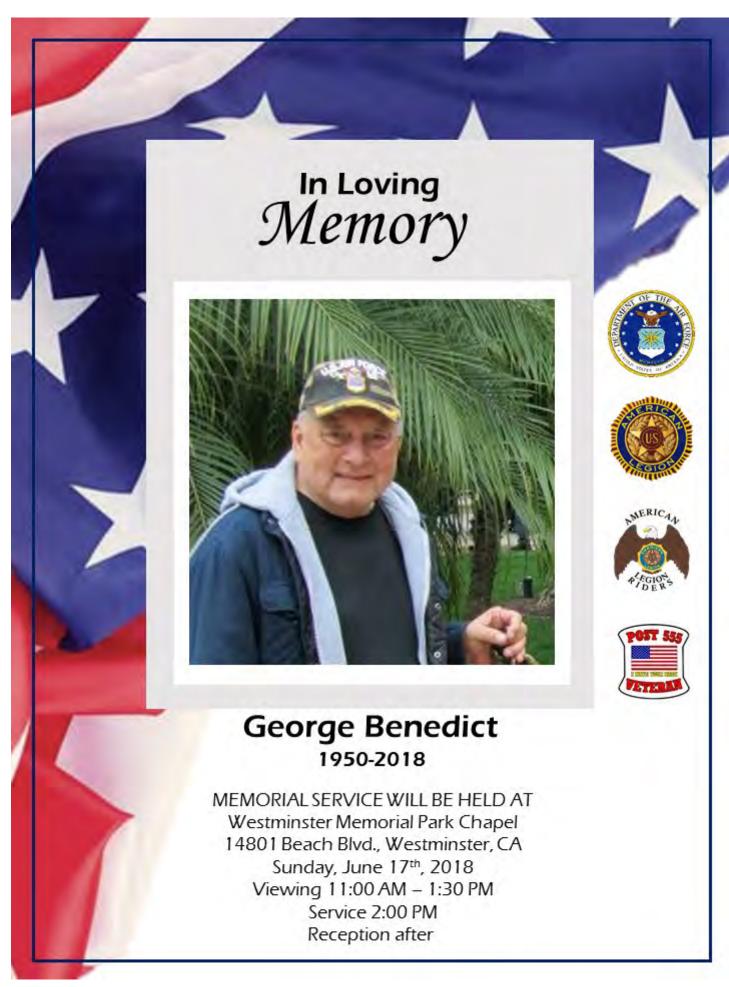


THE AMERICAN LEGION – MEMBERSHIP APPLICATION

Name						
name	(Hrst)	(Initial)	(Last)	(Phone)		Mailing
Add ress	(Street)	(City)	(State)	(Zíp)		DUES RECEIPT (Please Print)
	(Membership ID# Former Member)	(Email)	(Post#)	(Date)		
	Please check appropriate eligibility da		How:			Date
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	☐ Korea (6/25/50-1/31/55) ☐ Vietnam (2/28/61-5/7/75)	U.S. Air Force U.S. Marines				Incomed from
	☐ Lebanon/Grenada (8/24/82-7/31/84) ☐ Panama (12/20/89-1/31/90) ☐ Gulf War War on Terrorism (8/2/90 until cessatio	U.S. Coast Guard Merchant Marines (12/7/41-12/	31/46 - Only Eligibility)			\$ for 20 Due
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Post Adjutant/Officer Membership Verification

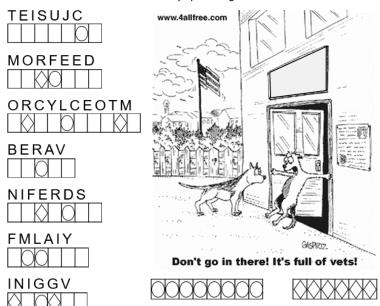
Membership pending approval of application.





WORD JUMBLE GAME

Unscramble the words to reveal a popular organization.



Post555Family

S S E 0 I RT R 0 S E I S E I T G 0 E V 0 U T E R M D K Q N N A NB N H Y N E H C T I В T A 1 N C N 0 K T 0 E R F E S E T J L В E E S R E T E V Y I L I N U N Ι V] X T D M M E M В E R S U 0 S R SI R D N U Y K T G R H O N 0 RI G G 0 A M T GL 0 S X X Z S G 0 G E S D В Y T I 0 C M R G F G G R I U R E KT UU S I R E 0 M I C M R D 0 W C 0 M C I I O W 0 E R E D R A V C P A R C H V M 0 D E E R F S F N I S C I Y K L W V W P I N T I T I CE C F A В 0 0 K Z I H N 0 R D U Q S TI C S R E P D M J U S E E V I C 0 I 0 5 IRRA G E

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GRILL
HONOR
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MARAUDER
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MEMBERSHIP
MEMORIAL
MOTORCYCLE
OKTOBERFEST
PARTIES
PATRIOT
PEACE
PODIUM
POST
RIDERS
SERVICE
SQUADRON
VETERANS
VOLUNTEER
YELP

JUNE CONTEST FIND THE MOTORYCLES

Count the bikes in this issue and win a FREE Thursday Dinner of your choice!
Submit your guesses to 555.marauder@gmail.com



MAY CONTEST — FIND THE POPPY
ANSWER: 21
CONGRATULATIONS WINNERS!
Shirley Jones, Corner Dave,
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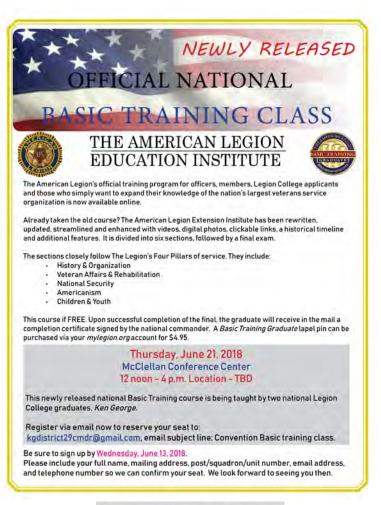
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- F 562.431.7350
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CALL: Veterans and their loved ones can call (800) 273 -8255 and Press 1, or send a text message to 838255 to receive confidential support 24 hours a day, 7 days a week, 365 days a year, or call your local 24-hour mental health crisis line.

If you feel you are in a crisis, whether or not you are thinking about killing yourself, please call. The Veterans Crisis Line connects Veterans in crisis and their families and friends with qualified, caring Department of Veterans Affairs responders through a confidential toll-free hotline, online chat, or text. People have called for help with substance abuse, economic worries, relationship and family problems, sexual orientation, illness, getting over abuse, depression, mental and physical illness, and even loneliness.

If you just want to talk, call the 24/7 Veteran Combat **Call Center** to talk to another combat veteran: 1 (800) 927-8387

CHAT ONLINE: Veterans Chat 24/7 Confidential Support is just a Click Away. If you're a Veteran in crisis or concerned about one, responders at the Veterans Crisis Line online chat offer help that can make a difference. Caring, qualified VA professionals are standing by to provide free and confidential support.

AUXILIARY UNIT 555



Greetings!

I am pleased to be the Auxiliary President for the upcoming 2018-2019 term. I look forward to carrying on the goals that Kokoe started.

Kokoe was a great President and positive influence for our organization and the entire Post 555 Family. Our new board will be formally installed with our Legionnaires on Monday June 18, 2018. It would be great to have you there for all the new board members and our Post 555 Family.

Thank you to my fellow board members for the year. First Vice: Kay Hamby; Second Vice Co Chairs: Kokoe Estrada & Yvonne Zweifel; Treasurer: Shirley Jones; and Secretary: Naoko Gorsuch.

I am looking forward to what we can do for our charities and causes over the next year. What can we do to improve on our events that we have had in years past and what new events could we do? If you have new ideas drop me a line or bring it to the next meeting for discussion. We would love to have your input!

Kim aka Baby Doll Unit 555 President For God and Country



Auxiliary Unit 555 Preamble

For God and Country, we associate ourselves together for the following purposes:

To uphold and defend the constitution of the United States of America;

to maintain law and order;

to foster and perpetuate a one hundred percent Americanism;

to preserve the memories and incidents of our associations during the Great Wars;

to inculcate a sense of individual obligation to the community, state and nation;

to combat the autocracy of both the classes and the masses:

to make right the master of might;

to promote peace and goodwill on earth;

to safeguard and transmit to posterity the principles of justice, freedom, and democracy;

to participate in and contribute to the accomplishment of the aims and purposes of The American Legion;

to consecrate and sanctify our association by our devotion to mutual helpfulness.



Newt Meetings TUESDAY, July 3rd @ 7:00 PM



Come, relax and listen to classical music!
Free Admission - Casual Attire - Bring Family & Friends -

Evening At The Vet

presented by "Commodore's Classics"

Every Saturday and Sunday, 7-8:30 p.m.

VA Long Beach Healthcare System 5901 East 7th Street, Long Beach, CA 90822 Bldg. 165, Room D101, "Egg" Auditorium





Proud possessors of a priceless heritage, we male descendants of veterans of the Great Wars, associate ourselves together as "Sons of The American Legion" for the following purposes:

To uphold and defend the Constitution of the United States of America;

to maintain law and order; to foster and perpetuate a true spirit of Americanism;

to preserve the memories of our former members and the associations of our members and our forefathers in the Great Wars;

to inculcate a sense of individual obligation to the Community, State and Nation:

to combat the autocracy of both the classes and the masses;

to make right the master of might; to promote peace and good will on earth;

to safeguard and transmit to posterity the principles of justice, freedom and democracy;

to consecrate and sanctify our friendship, by our devotion to mutual helpfulness;

to adopt in letter and spirit, all of the great principles for which The American Legion stands;

and to assist in carrying on for God and Country.

SAL SQUADRON 555

The California Sons Adventure eMagazine

Check out the Sons Department of CA Detachment monthly publication, The California Sons 'Adventure! more issues at: http://sonsadventure.com/

News Measings MONDAY, July 16th 7:00 PM





AMERICAN LEGION RIDERS CHAPTER 555

Greetings Riders,

Summer is upon us and there is no better time than the present to be a part of the American Legion Family and Chapter 555! Good weather, warm days, and longer rides: who has it better than us? Everywhere we go, people see our patches. WE are the face of the American Legion. We represent and advertise for the Legion and the Riders. Always keep that in mind when out and about. Stay on the high road - even when the low road is calling.

RECRUITING

That being said, this is prime recruiting opportunity! If you know any veterans, Auxiliary, or SAL that want to ride, give them an app. Point them to our web page https://www.americanlegionpost555.com/legion-riders.html, invite them to one of our events, a ride, and/or a meeting. We are always looking for good people to be a part of the American Legion Family!

MEMBERSHIP WE are the biggest chapter in Area 5 by far! That is huge, and we should be proud of our achievement. We are 72 members deep, and we have the potential to do so many great things for the Chapter and the Post. This year, our officers asked you, the chapter what you would like to see more of (we have a survey on FB, and a Survey Monkey). Please take a moment to take our survey.

COMMUNITY

One of the organizations that our chapter is supporting this term is American Family Housing - Potter's Lane, in Midway City. This is the veteran housing community that was built from shipping containers. Over the next couple of months we will schedule a tour of the facility for those that are interested. We have designated the proceeds from our Thursday Dinners to Potter's Lane, and will be using the funds to help replenish the Dry/Canned Goods Pantry, basic sundries, and luncheons.

US

If you haven't been to a meeting in a while, stop in - we miss you! A lot of positive has



happened in the chapter and at the post. I know that we all have busy schedules and life happens, but at least get on the mailing list so that you can get updates on what's going on!

To celebrate US, Post Commander Tim has extended Chapter 555 the opportunity to have the Post Bar Pre-Grand Reopening Party. Stay tuned, this is going to be a great time!

FOR GOD AND COUNTRY.

Kokoe Estrada President ALR Chapter 555



ALR 555 Preamble

For God and Country, we associate ourselves as members of the American Legion Family, constituting the American Legion Riders for the following purposes:

To uphold and defend the Constitution of the United States of America;

To maintain Law and Order;

To foster and perpetuate a one hundred percent Americanism;

To preserve the memories and incidents of our associations in the Great Wars;

To inculcate a sense of individual obligation to the Community, State and Nation;

To combat the autocracy of both the classes and the masses:

To make right the Master of Might;

To promote Peace and Goodwill on earth;

To safeguard and transmit to posterity the principles of Justice, Freedom and Democratic

To participate in parades and other ceremonies which are in keeping with the aims and purposes of the American Legion;

to promote motorcycle safety education programs and to provide a social atmosphere for American Legion Family members with the same motorcycle interests;

To consecrate and sanctify our association by our devotion to mutual helpfulness.



Next Meeting: Saturday, June 30th @ 09:30

Message from the Road Captain, Commander Tim Dusina:



This month's ride will be out to the USS Iowa for a tour, and then out to Signal Hill for lunch, and then Long Beach Post 496, and back to Post 555.

If anyone has an idea for a ride, please email me at tim.dusina.555@gmail.com so that we can coordinate. As I have mentioned before, I am not as familiar with the Orange County area as

many of our members. Offer still stands: we can alternate ride leaders. I am here to coordinate quality and fun rides for our group, I do not have to lead every ride.

Tim Dusina Road Captain ALR Chapter 555

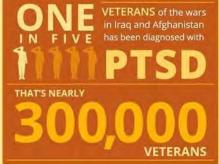


2018-2019 PASSPORTS ARE HERE! \$20 — GET YOURS TODAY

JUNE IS PTSD AWARENESS MONTH







TREATMENT FOR IRAQ AND **AFGHANISTAN VETS** SUFFERING FROM POST TRAUMATIC STRESS DISORDER HAS COST MORE THAN

\$2 BILLION

**** so far ****

COSTS AS MUCH AS CARE FOR THOSE WITHOUT THE DISORDER. IN THE FIRST



SUICIDES **AMONG U.S. TROOPS OVERALL ARE ALSO UP**

AVERAGING **** nearly **** THE HIGHEST RATE SINCE THE WARS IN AFGHANISTAN AND IRAQ BEGAN A DECADE AGO.

VETERANS **NOW ACCOUNT** for

OF ALL U.S. SUICIDES

THE YOUNGEST **VETERANS - BETWEEN**

AND PRIMARILY THOSE RETURNING FROM IRAQ AND AFGHANISTAN

HAVE SUICIDE RATES FOUR TIMES HIGHER THAN OTHER VETERANS.

Government research indicates a link between PTSD and suicide but there is no hard data. SOURCES!

Congressional Budget Office: http://www.cbo.gov/sites/default/files/cbofiles/attachments/02-09-PTSD.pdf Department of Veterans Affairs: http://www.ptsd.va.gov/professional/pages/ptsd-suicide.asp Department of Defense:

http://www.health.mil/dhb/downloads/Suicide%20Prevention%20Task%20Force%20final%20report%208-23-10.pdf





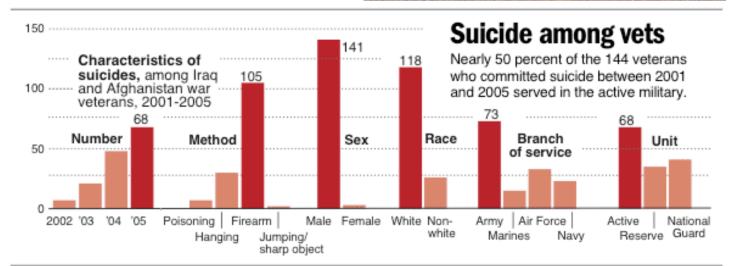
Face the Facts USA is a nonpartisan information re Center for Innovative Media at The George Washin

THE GEORGE WASHINGTON UNIVERSITY

PTSD Awareness Month

www.ptsd.va.gov

Symptoms of PTSD include: · Reliving the event · Avoiding things that remind you of the event Having more negative thoughts and feelings than before the event occurred Feeling on edge Resources for veterans and their families can be found at:



SOURCE: Department of Veterans Affairs



AMERICAN LEGION ALBERT E. SCHWAB POST 555

55550000

THURS 6/7 - ALR 6 \$6 RIDER BBQ DINNER NIGHT

Chapter 555 is serving up chicken legs & thighs, polish dogs, smoked sausages, hot dogs, potato salad, pasta salad, chips, and morel Get it before it runs out!

THURS 6/14 - SAL

\$6 HOT DOG BAR

Build your own dining adventure! 2 hot dogs and all the fixins', potato salad, and happy campers! NOM NOM NOM



THURS 6/21 AUX

\$6 MEATBALL SANDWICHES

Auxiliary Unit 555 is making our famous meatball sandwiches! Served up on an open face roll with sauce and melted cheese. Get It while it's hot!

THURS 6/28 POST \$8 SALISBURY STEAK

It's our lucky day! The Commander is in the mood for Salisbury Steak this week. Served up hot and fresh with gravy, mashed potatoes, and mixed veggies. Get yours before it gets sold out!

THURS 7/5 SAL

SO ROAST BEE

Back by popular demand! HOT Roast Beef Sandwiches served on a roll with brown gravy or au jus. Served with a side of chips and potato salad. Come on down and support the SALs!

14582 BEACH BLVD., MIDWAY CITY, CA 92655





June 2018								
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
UPCOMING EVENTS JUNE 21-24: American Legion 2018 Dept of CA Annual Convention in Sacramento, CA JULY 4th: Post Family Potluck July 5th: SAL 1st Thursday Dinner July 7th: Post Family Paint Party			JUNE IS PTSD AWARENESS MONTH	ALR FRIDAY Karaoke Night 7:00 PM	Review Us!			
4 Instagram	NO Auxiliary Meeting THIS MONTH	D-DAY NO 40/8 THIS MONTH	ALR 1st Thurs Dinner 5:30 PM	ALR FRIDAY Karaoke Night 7:00 PM	LIKE US ON FACEBOOK			
POST 555 Missed Birthdays Happy Belated Birthday! May: Doc Adams		NO 13 Marine Corps League THIS MONTH	SAL 2nd Thurs Dinner 5:30 PM	ARMY 243rd BIRTHDA				
THE FAMILY POST FAMILY INSTALLATIONS 7:00 PM		Follow us on Caudisteer	Hunters' 21 Safety 5:00 PM AUX 3rd Thurs Dinner 5:30 PM	ALR FRIDAY Karaoke Night 7:00 PM	COAST GUARD AUXILIARY BIRTHDAY			
		PTSD AWARENESS DAY VFW POST 9557 7:00 PM	POST 4th ²⁸ Thurs Dinner 5:30 PM CORVETTE CLUB 7:00 PM	ALR FRIDAY Karaoke Night 7:00 PM	ALR Monthly Meeting 9:30 AM			
	UPCOMING EVEN American Legion a Convention in Sact Y 4th: Post Family th: SAL 1st Thursd 7th: Post Family Pa	Monday UPCOMING EVENTS American Legion 2018 Dept of CA Convention in Sacramento, CA Y 4th: Post Family Potluck th: SAL 1st Thursday Dinner Tth: Post Family Paint Party Auxiliary Meeting THIS MONTH POST 555 Missed Birthdays Happy Belated Birthday! May: Doc Adams 18 19 AMERICAN FAMILY INSTALLATIONS	Monday Tuesday Wednesday UPCOMING EVENTS American Legion 2018 Dept of CA Convention in Sacramento, CA Y 4th: Post Family Potluck th: SAL 1st Thursday Dinner 7th: Post Family Paint Party D-DAY NO Auxiliary Meeting THIS MONTH POST 555 Missed Birthdays Happy Belated Birthday! May: Doc Adams NO Marine Corps League THIS MONTH NO May: Doc Adams 18 19 20 POST FAMILY INSTALLATIONS 7:00 PM VFW POST 9557	UPCOMING EVENTS American Legion 2018 Dept of CA Convention in Sacramento, CA Y 4th: Post Family Potluck th: SAL 1st Thursday Dinner 7th: Post Family Paint Party 4 NO Auxiliary Meeting THIS MONTH POST 555 Missed Birthdays Happy Belated Birthday! May: Doc Adams 19 10 10 10 10 10 10 10 10 10	Monday Tuesday Wednesday Thursday Friday			

Post 555 Family June Birthdays HAPPY BIRTHDAY COMMANDER TIM!

Randall Brown Tim Dusina **Danny Hansen**

James Heil Randy Jones **Jaxine Martin Robert McCray**

Milton Redding Stefani Weber-Lagman

Happy Birthday to you!

Don't see your name? Drop us a line at 555.marauder@gmail.com and we will add you in!

POST 555 THURSDAY DINNERS

6/7: \$6 ALR BBQ Grill Night 6/14 SAL: \$6 Hot Dog Bar 6/21 Aux: \$6 Meatball Sandwiches 6/28 POST: \$8 Salisbury Steak Dinner 7/5 SAL: Roast Beef Sandwiches 7/12 ALR: Burger Burn

Come on down and let us do the cooking Starts @ 5:30 until sold out!